



ARCHERY

GUIDELINES AND GROUND RULES

EVENTS

Competition in Archery for the Secondary Level shall consist of the following events:

1. The 50 meter distance for Boys and Girls (36 arrows to be shot at 50 meters).
2. The 30 meter distance for Boys and Girls (36 arrows to be shot at 30 meters).
3. The ½ FITA Round for Boys and Girls (the combined scores of the 72 arrows shot at the 50 and 30 meter distances) which also serves as the ranking basis for the Olympic Rounds.
4. The Olympic Round for Boys and Girls (single elimination round to determine the Boys and girls Overall Individual Champions).
5. The Olympic Round Team Event for Boys and Girls (single elimination round to determine the Boys and Girls Team champions).

MEDALS TO BE AWARDED

Medals at stake in the archery tournament are as follows:

EVENT	AWARDS	NO. OF MEDALS NEEDED
50 Meter Distance for Girls	1 st , 2 nd , 3 rd places	1 set
50 Meter Distance for Boys	1 st , 2 nd , 3 rd places	1 set
30 Meter Distance for Girls	1 st , 2 nd , 3 rd places	1 set
30 Meter Distance for Boys	1 st , 2 nd , 3 rd places	1 set
½ FITA Round for Girls	1 st , 2 nd , 3 rd places	1 set

½ FITA Round for Boys	1 st , 2 nd , 3 rd places	1 set
Overall Individual Champion - Girls	1 st , 2 nd , 3 rd places	1 set
Overall Individual Champion - Boys	1 st , 2 nd , 3 rd places	1 set
Team Champion – Girls	1 st , 2 nd , 3 rd places	* 5 sets
Team Champion - Boys	1 st , 2 nd , 3 rd places	* 5 sets
Total Medals at Stake		18 sets

*(includes 1 set intended for the 4th member of the team & one set for the team coaches)

TOURNAMENT RULES

1. The latest edition of the Federation Internationale de Tir A L'Arc (FITA) rules (April 1, 2006) for outdoor target archery shall be used to govern the conduct of the tournament;
2. The results of the ½ **FITA Round** will be used as the bases for ranking the individual competitors in the Girls and Boys Divisions. Based on their ranks, the archers will then proceed to the Olympic Round to determine the **Overall Individual Champions for Girls and Boys Divisions**.
3. Competition in the Olympic Round will be as follows:
 - 3.1 An **Elimination Round** In which all participating archers (seeded according to their rank in the ½ FITA Round) in each division shoot a series of matches to determine the quarterfinalists. Each match shall consist of four (4) ends of three (3) arrows shot at the 80 cm. target face placed at the **50 meter** distance.
 - 3.2 A **Finals Round** in which the remaining quarterfinalists (top 8 archers in each division) shoot a series of matches, culminating in the Gold Medal Matches. Each match shall consist of four (4) ends of three (3) arrows shot at the 80 cm. target face placed at the **50 meter** distance.
4. The scores in the ½ FITA Round of the top three archers from each team shall be the Team's aggregate score. All Regional Team scores will be calculated in a similar manner and each Regional Team will be ranked from 1 to 17 in the Girls and Boys Divisions. Any member of the team who shot in the ½ FITA Round may be fielded in the Team Event. All teams will shoot in the **Olympic Round Team Event** which consists of:
 - 4.1 The **Team Elimination Round** in which all regional teams in each division shoot a series of elimination matches to determine the top eight (8) teams in each division. Each match shall consist of four (4) ends of six (6) arrows at the 80 cm. target face placed at the **50 meter** distance. Each archer shall shoot two (2) arrows per end.
 - 4.2 The **Team Finals Round** in which the top eight (8) teams in each division shoot a series of matches culminating in the **Team Gold Medal Matches**. Each match shall consist of four (4) ends of six (6) arrows shot at the 80 cm. target face placed at the **50 meter** distance.

5. All Olympic Round Match seedings will be in accordance with the **FITA Match Play Seeding Diagrams**.
6. The Olympic Round Matches shall be conducted in accordance with FITA Rules and Guidelines.

PARTICIPANTS

1. The regional delegation's archery team shall consist of a Boys Team and a Girls Team. A team shall be composed of not more than four (4) but not less than three (3) archers and a team coach. Team chaperones may accompany the girls' teams but they shall not be allowed to coach. In case a Region cannot enter at least three (3) archers, it may enter archers in the individual events only.
2. DepED rules on eligibility shall apply.

UNIFORMS

1. All members of the team including the coaches will wear the same uniform. In addition, the archer's family name followed by the initial of his first name (e.g. REYES A.), should be printed on the upper back portion of the shirt. Letter height is from 5-7 cm. in block letters. Aside from the official delegation uniform, a team may wear an alternate uniform which should also have the archer's names printed at the back. All archers must wear rubber shoes. Rubber boots and rain gear may be allowed if the weather and field conditions warrant their use.
2. Archers must always wear their target assignment numbers (back numbers) when shooting in the tournament and during the official practice day and during the official inspection of equipment. Numbers must be properly pinned at the back of the t-shirt just below the archer's name.
3. Uniforms are required to be worn during the official practice day as well as during the course of the individual events. Team uniforms are required during the Team Event.

DISTANCES AND TARGET FACES

The target faces to be used are as follows:

EVENT	TARGET FACE
½ FITA ROUND	
50 METER DISTANCE	80 cm. official FITA face
30 METER DISTANCE	80 cm. official FITA face
OLYMPIC ROUND	80 cm. official FITA face

ARCHERS' EQUIPMENT

1. Each archer should have his/her own set of equipment which should conform to FITA Recurve Bow specifications. It is the archer's responsibility to use equipment which complies with the rules. If in doubt, the archer should show his equipment to the Judge(s) before using it in competitions.
2. Any archer found to be using equipment contravening the rules may have his or her scores disqualified.
3. Outlined below are the general regulations that apply to the high school boys and girls divisions in all the stages of the 2008 Palarong Pambansa from the lowest levels to the national championships:

For the **Recurve Bow** the following items are allowed:

- 3.1 A bow of any type provided it subscribes to the accepted principle and meaning of the word *bow* as used in target archery, that is, an instrument consisting of a handle (grip), a riser (no shoot-through type) and two flexible limbs each ending in a tip with a string nock. The bow is braced for use by a single string attached directly between the two string nocks, and in operation is held in one hand by its handle (grip) while the fingers of the other hand draw, hold back and release the string. The limbs of the bow shall be of wooden and/or fiberglass construction. (Limbs which have carbon fiber reinforcement are not allowed.)
 - 3.1.1 Multi-colored bow risers and trademarks located on the inside of the upper and lower limbs are permitted.
 - 3.1.2 Risers including a brace are permitted provided the brace does not consistently touch the archer's hand or wrist.
- 3.2 A **bowstring** of any number of strands,
 - 3.2.1 may not be of a higher specification than Dacron;
 - 3.2.2 may be of different colors. It may have a center serving to accommodate the drawing fingers, a nocking point to which may be added serving(s) to fit the

arrow nock as necessary and, to locate this point; one or two nock locators may be positioned. At each end of the bowstring there is a loop which is placed in the string nocks of the bow when braced. In addition, one serving on the string must not end within the archer's vision at full draw. The bowstring must not in any way assist aiming through the use of a peephole, marking, or any other means.

3.3 The **arrow rest**, which can be adjustable,

3.3.1 any moveable pressure button, pressure point or arrow plate may be used on the bow provided they are not electric or electronic and do not offer any additional aid in aiming. The pressure point may not be placed any further back than 4 cm. (inside) from the throat of the handle (pivot point) of the bow.

3.4 A **draw check indicator**, audible or visual, may be used provided it is not electric or electronic. This device will give only one indication of draw length.

3.5 A **bow sight** for aiming is permitted, but at no time may more than one such device be used.

3.5.1 It must not incorporate a prism, lens or any other magnifying device, leveling, electric or electronic devices nor will it provide for more than one sighting point.

3.5.2 The overall length of the sight (tunnel, tube, sighting pin and or other corresponding extended component) will not exceed 2 cm. in the line of vision of the archer.

3.5.3 A sight may be attached to the bow for the purpose of aiming and which, may allow for windage adjustment as well as an elevation setting. It is subject to the following provisions:

- A bow sight extension is permitted;
- A plate or tape with distance marking may be mounted on the bow as a guide for marking, but must not in any way offer any additional aid;
- The sight point may be a fiber optic sight pin. The total length of the fiber optic pin may exceed 2 cm, provided, that one end is attached outside the archer's line of vision at full draw, while the part within the archer's line of vision does not exceed 2 cm. in a straight line before bending. It can only provide one illuminated aiming spot at full draw.

3.6 Stabilizers and torque flight compensators on the bow are permitted

3.6.1 They may not:

- Serve as a string guide;
- Touch anything but the bow;

- Represent any danger or obstruction to other athletes on the shooting line.
- 3.7 Arrows must not exceed a specification of XX75 or equivalent, and will be of an equivalent price range and performance. The nocks will be of simple construction, either conical or insert fitting. The points will be conical or ogival in shape. The vanes will be of soft plastic material or of natural feathers. All arrows of every archer must be marked with the archer's name or initials on the shaft.
- 3.8 Finger protection in the form of finger stalls or tips, gloves, or shooting tab or tape (plaster) to draw, hold back and release the string is permitted, provided they do not incorporate any device that will assist the archer to hold, draw and release the string.
- 3.8.1 A separator between the fingers to prevent pinching the arrow may be used. An anchor plate or similar device attached to the finger protection (tab) for the purpose of anchoring is permitted. On the bow hand, an ordinary glove, mitten or similar item may be worn but must not be attached to the grip of the bow.
- 3.9 Field glasses, telescopes and other visual aids may be used for spotting arrows,
- 3.9.1 Provided they do not represent any obstruction to other archers on the shooting line.
- 3.9.2 In the Olympic round team event the coach in the coach's box may use hand-held binoculars.
- 3.9.3 Prescription spectacles, shooting spectacles and sunglasses may be used. None of these may be fitted with micro hole lenses, or similar devices, nor may they be marked in any way that can assist in aiming.
- 3.9.4 The spectacle glass of the non-sighting eye may be fully covered or taped, or an eye patch may be used.
- 3.10 Accessories are permitted.
- 3.10.1 Including braces (arm guards), dress shield, bow sling, belt or ground quiver and tassel. Foot markers may not protrude more than 1 cm. from the ground. Also permitted are limb savers, a tripod for a scope (which may be left on the shooting line provided it does not create an obstacle for any other archer). Wind indicators (non-electric or non-electronic) may be attached to the equipment used on the shooting line (e.g. light ribbons), electronic wind indicators may be used behind the waiting line.

PROTOCOL

A team captains meeting will be held during the solidarity session of the Palarong Pambansa to discuss the schedule, uniform requirements, latest rules or rule modifications, medals to be awarded and other important matters. Target assignments will be drawn by lottery by the team captains in the course of the meeting.

OFFICIAL PRACTICE DAY

An official practice day shall be held one day before the start of the tournament on the actual tournament venue to familiarize the archers with the prevailing conditions at the tournament site. The tournament field must be laid out and all venue equipment should be in place. The official practice shall be controlled by the Director of Shooting and the Official Timer.

INSPECTION OF EQUIPMENT

Initial inspection of archers' equipment will be conducted by the Judges Commission during the Official Practice Day. However, subsequent inspections may be done during the course of the tournament to ensure adherence to equipment rules, provided that these will not affect the settings of the bow in question. Later violations, when found, will be penalized according to FITA rules.

PRACTICE FACILITIES

1. A practice field must be made available at least two (2) days before the start of the tournament.
2. The tournament field may be used by the competitors for practice on all the days of the competition at times arranged by the tournament manager. However, all practice must cease fifteen (15) minutes before the start of the competition.